

Cypress Creek High School Wrestle-Off Procedure

The following procedures will be utilized to conduct wrestle-offs during the season. These procedures will remain available on the Cypress Creek wrestling website (www.cycreekabc.com) should you need to refer to them at a later date. Results of the wrestle-off matches do not necessarily effect dual lineups; the head coach still has the final determination of weight class competed. The wrestle-off is held as one of many tools to assist the coach in determining the best possible line-up.

- A depth chart will be established each year for each weight class.
- Weight classes are based upon NFHS and NWCA guidelines.
- Academic eligibility is required to be eligible to participate.
- Wrestlers that have debts or school issued equipment outstanding will not be eligible to participate.
- Conditioning for missed practices must be completed prior to challenge.
- Wrestlers may challenge one weight class above their established weight.
- Wrestlers may challenge the wrestler directly ahead of them in the depth chart, but they may not skip wrestlers to challenge.
- Wrestlers may only challenge for one position movement per week.
- Once a week, wrestlers will declare their intention to challenge a specific weight.
- All challenge matches will take place during scheduled practice times on either Saturday or Monday dependent upon the schedule.
- Failure to be present for the challenge match will result in forfeit and the wrestler will fall to bottom of the depth chart.
- Wrestlers will weigh-in shoulder to shoulder prior to challenge match in front of a coach or designated administrator; a two pound allowance will be permitted.
- Failure to make weight results in forfeiture of challenge match.
- Wrestle-off matches will be 2-2-2 and officiating will be conducted by a member of the coaching staff. All wrestle-off results are final.
- Wrestle-off participants will not gain an advantage through coaching of any kind.